

## **French Art-Therapists Trade Union 1st conference**

Friday 24 June - Saturday 25 June 2022, online Zoom

TITLE: PRESENCE – BODY – ABSENCE

Body images - Body movements - Body presence- Body representation - Symbolic Body - Suffering Body - Body obliteration - Body sublimation... are part of what constitutes art-therapy.

The body issue - real, imaginary, fantasy or unconscious - is particularly present in art-therapy. The creative process, the therapeutic alliance and group connections engage human bodies into sensorial and aesthetical interactions.



### **Presence**

What do clients convey with their body when they talk, draw, write, play, sing, model clay and dance? What does body language tell us? Which body shape appears? How do we, therapists, welcome the body in our different art-therapy approaches?

To what extent does the expression of the body participate in the creative process? Is there a body wisdom that art therapy can reveal?

How could this body wisdom become a way of structuring the therapeutic process? To what extent do the sessions bear the imprint of the Art therapists' feelings, sensations, observations... How could the therapist-client attunement be relevantly efficient? How the subjective experience of therapy could become an evidence?

### **Absence or modified presence**

The sanitary crisis created new professional realities for art therapists through online working sessions. Do the online sessions allow a real existence of the individual and the group? How is this way of working modifying the therapeutic alliance and the creative process?

In this context, what kind of creative process did therapists foster both in institution and private practice? In general, to what extent premises used for art therapy are meant to enshrine and stimulate symbolic engagement?

This conference will be held online. Your clinical experiences and/or scientific methodology will constitute the program of this conference. Few workshops can be suggested.

You are welcome to send us your written, filmed, visual or sounded propositions, 3 to 5 pages with a detailed plan, specifying the facility needed if you decide to set up a workshop.

Address: **[syndicat.sfat@gmail.com](mailto:syndicat.sfat@gmail.com)**

Intervention's format: 30 min for communications / 1h for workshops

<https://syndicat-arts-therapeutes.com/>